







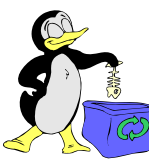




February 2011 Chapel Hill Retirement Community Events

~ Train your brain; remember the fact of the Day ~



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|--|--|--|---|
| <p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p> <p>CHANGES WILL BE ADDRESSED AT PRE-MEAL ANNOUNCEMENTS</p> |  <p>Happy Valentines Day!</p> | <p>1 <u>A peanut is not a nut; it is a legume</u> 9:15 Ceramics - CR 9:30 Small Group's 2nd floor 11:00 Bell Choir practice - Chapel 12:00 Lunchtme chats - MDR 1:00 Personal visits - AL 1:15 Namaste 1:30 BINGO - AR 3:00 Word Games - AR 4:30 Easy Listening - MDR 5:15 Movie Night - AR</p> | <p>2 <u>Groundhog Day's star is named "Punxsutawney Phil"</u> 9:00 Devotions - Chapel 9:15 Manicures - AR 9:15 Namaste 10:00 Reminiscing - Fulton 12:00 Lunchtme chats - MDR 1:00 1:1 visits - 2nd floor 2:00 Rosary - Chapel 2:30 Fun With Phil - AR 4:30 Easy Listening - MDR 6:45 Church Service - Chapel</p> | <p>3 <u>The smallest bird is the Bee Hummingbird at 2 1/4 inches</u> Cocoa Puff visits 9:15 Namaste 9:15 Movin with Music - AR 10:00 Sing-a-long with Evie - Chapel 11:00 Chapel Bells practice - GL 12:30 Lunch & Conversation - MDR 1:30 Joggin your Noggin - MR 2:30 Fitness Focus - Therapy 3:00 Gene Weygandt - GL 4:30 Easy Listening - MDR</p> | <p>4 <u>A Ducks quack does not have an echo</u> 9:00 Devotions - Chapel 9:30 Baking & Chats - FAR 10:30 In-room visits - 2nd floor 10:30 Men's Group - AR 12:00 Lunch & Conversation - MDR 1:30 Travel Getaway - AR 3:00 Old Radio Shows - Milan 4:30 Easy Listening - MDR 7-9:00 Father & Daughter dance - GL</p> | <p>5 <u>Walt Disney, the creator of Mickey Mouse, was afraid of mice</u> 9:30 Crossword Fun - MR 11:00 Story Time - FAR 12:00 Lunchtme chats - MDR 1:30 BINGO - AR 4:30 Snacks & visits - LDR 4:30 Easy Listening - MDR</p> |
| <p>6 <u>A group of 12 or more cows is called a "flink"</u> Super Bowl XLV 8:15 Activities of daily living - 2nd floor 9:30 Service in the Chapel - (TV channel 21) 10:30 Social Time - AR 12:00 Lunchtme chats - MDR 1:30 Bible Trivia - MR 2:45 Bean bag toss - Milan 4:00 Easy Listening - MDR</p> | <p>7 <u>There are more than 50 kinds of kangaroo</u> 8:00 Barber visits 9:00 Devotions - Chapel 9:15 Namaste 9:30 Movin with Music - AR 11:00 Bible Study - AR 12:00 Lunchtme chats - MDR 2:30 Victorian Valentines - GL 2:30 Fitness Focus - Therapy 4:00 Mr Zellars on guitar - 2nd FL 4:30 Easy Listening - MDR</p> | <p>8 <u>The lifespan of a squirrel is about 9 years</u> 9:15 Ceramics - CR 9:30 Small Group - Milan 11:00 Bell Choir practice - Chapel 12:00 Lunchtme chats - MDR 1:15 Namaste 1:30 BINGO - AR 3:00 Root Beer Floats - JJ 4:30 Easy Listening - MDR 5:15 Movie Night - AR</p>  | <p>9 <u>The toothbrush was invented in 1498</u> 9:00 Devotions - Chapel 9:15 Manicures - AR 9:15 Namaste 10:00 Montessori Group - Milan 12:00 Lunchtme chats - MDR 1:00 1:1 visits - AL, 2nd floor 2:00 Rosary - Chapel 2:30 Vacation Getaway - AR 4:30 Easy Listening - MDR 6:45 Church Service - Chapel</p>  | <p>10 <u>Greenland is 3 times larger than the state of Texas</u> Cocoa Puff visits 9:15 Movin with Music - AR 10:00 Sing-a-long with Evie - Chapel 11:00 Chapel Bells practice - GL 12:30 Lunch & Conversation - MDR 1:30 Joggin your Noggin - MR 2:30 Fitness Focus - Therapy 3:00 Fran Zupp - GL 4:30 Easy Listening - MDR</p> | <p>11 <u>Butterflies taste with their feet</u> 9:00 Devotions - Chapel 9:30 Baking & Chats - FAR 10:30 Movin with Music 12:00 Lunch & Conversation - MDR 1:15 Namaste 1:30 "March of the Penguins" - AR 3:00 Montessori Group - FAR 4:30 Easy Listening - MDR</p>  | <p>12 <u>George Washington is the only president to have been unanimously voted in as president</u> Abraham Lincolns Birthday 9:30 Story Time - 2nd floor 11:00 Puzzles & Games - FAR 12:00 Lunchtme chats - MDR 1:30 BINGO - AR 3:00 Nailcart & visits - 2nd floor 4:30 Easy Listening - MDR</p> |
| <p>13 <u>A goldfish has a memory span of 3 seconds</u> 8:15 Activities of daily living - 2nd floor 9:30 Service in the Chapel - (TV channel 21) Chapel Bells perform 10:30 Social Time - AR 12:00 Lunchtme chats - MDR 1:30 Cards & Games - AR 3:00 In-room visits - 2nd floor 4:00 Easy Listening - MDR</p>  | <p>14 <u>On Valentines Day teachers receive more cards than anyone else</u> 9:00 Devotions - Chapel 9:30 Movin with Music - AR 11:00 Bible Study - AR 12:00 Lunchtme chats - MDR 2:30 Friends Valentine Party with Frank Gato - GL 2:30 Fitness Focus - Therapy 4:30 Easy Listening - MDR 6:00 Dennie Went - GL</p>  | <p>15 <u>The tongue of an anteater is over 2 feet long</u> 9:15 Ceramics - CR 9:30 Small Group - Milan 10:00 Montessori Group - FAR 10:30 Mass - Chapel 12:00 Lunchtme chats - MDR 1:15 Namaste 1:30 BINGO - AR 3:00 Bell Choir practice - Chapel 3:30 Snacks & Chats - JJ 4:30 Easy Listening - MDR</p> | <p>16 <u>Greyhound dogs can see better than any other breed of dog</u> 9:00 Devotions - Chapel 9:15 Manicures - AR 10:00 Montessori Group - Milan 12:00 Lunchtme chats - MDR 1:00 In-room visits - 2nd floor 3:00 NW Middle School Band - GL 4:30 Easy Listening - MDR 6:45 Church Service - Chapel</p> | <p>17 <u>An ostrich's eye is bigger than its brain</u> Cocoa Puff visits 9:15 Namaste 9:15 Movin with Music - AR 10:00 Sing-a-long with Evie - Chapel 11:00 Chapel Bells practice - GL 12:30 Lunch & Conversation - MDR 1:30 Joggin your Noggin - MR 2:30 Fitness Focus - Therapy 3:00 Crazy Opticms - GL 4:30 Easy Listening - MDR</p>  | <p>18 <u>The Praying Mantis can turn its head 360 degrees</u> 9:00 Devotions - Chapel 9:30 Baking & Chats - MR 11:00 Current Events - AR 12:00 Lunch & Conversation - MDR 1:30 Movie Matinee - AR 3:00 In-room visits - Milan 4:30 Easy Listening - MDR</p> | <p>19 <u>Kentucky law requires every citizen to take at least one bath per year</u> 9:30 Trivia Challenge - MR 11:00 Visits with you - 2nd floor 12:00 Lunchtme chats - MDR 1:30 BINGO - AR 3:00 Steve Savre - GL 4:30 Easy Listening - MDR</p> |
| <p>20 <u>Fleas can jump 200 times their body length</u> 8:15 Activities of daily living - 2nd floor 9:30 Service in the Chapel - (TV channel 21) 10:30 Social Time - AR 12:00 Lunchtme chats - MDR 1:30 Poker-keeno - AR 3:00 In room visits - 2nd floor 4:00 Easy Listening - MDR</p> | <p>21 <u>A Blue Whale weighs 50 tons at birth</u> President's Day 9:00 Devotions - Chapel 10:00 Tim Darnell - GL 11:00 Bible Study - AR 12:00 Swensons bus trip 1:00 Conversation Ball toss - AR 2:30 Fitness Focus - Therapy 3:00 Small Group - Sensory, Milan 4:30 Easy Listening - MDR</p> | <p>22 <u>Bibles are the most shoptlifted books in America</u> 9:15 Ceramics - CR 9:30 Small Group - Milan 11:00 Bell Choir practice - Chapel 12:00 Lunchtme chats - MDR 1:15 Namaste 1:30 BINGO - AR 3:00 Boston Coolers - JJ 3:00 Book Lovers Club - PDR 4:30 Easy Listening - MDR 5:15 Movie Night - AR</p> | <p>23 <u>The sun is more than 330,000 times larger than earth</u> 9:00 Devotions - Chapel 9:15 Manicures - AR 9:15 Namaste 10:00 Montessori Group - Milan 12:00 Lunchtme chats - MDR 1:00 In-room visits - 2nd floor 4:00 Resident Council 2nd floor 2:00 Rosary - Chapel 3:00 Reminiscing - AR 4:30 Easy Listening - MDR 6:30 "Russian Icons" - AR</p> | <p>24 <u>Vatican City is the smallest country in the world</u> Cocoa Puff visits 9:15 Movin with Music - AR 10:00 Sing-a-long with Evie - Chapel 11:00 Chapel Bells practice - GL 12:30 Lunch & Conversation - MDR 1:30 Joggin your Noggin - MR 2:30 Fitness Focus - Therapy 3:00 Montessori Group - FAR 4:30 Easy Listening - MDR 5:00 Cuisine Night - MDR/AR 6:00 Ron Price - GL</p> | <p>25 <u>It takes 42 muscles in your face to frown</u> 9:00 Devotions - Chapel 9:30 Baking & Chats - FAR 11:00 In room visits - Lawrence 12:00 Lunch & Conversation - MDR 1:15 Namaste 1:30 Trivia & Puzzles - MR 3:00 Ball toss - 2nd floor 4:30 Easy Listening - MDR</p> | <p>26 <u>Camels can survive in the desert for almost 3 months without water</u> 9:15 "Survivor" trivia - MR 11:00 Sing-a-long - FAR 12:00 Lunchtme chats - MDR 1:30 BINGO - AR 3:00 Nailcart & visits - LDR 4:30 Easy Listening - MDR</p> |
| <p>27 <u>Your brain generates 25 watts of power while your awake</u> 8:15 Activities of daily living - 2nd floor 9:30 Service in the Chapel - (TV channel 21) Chapel Bells perform 10:30 Social Time - AR 12:00 Lunchtme chats - MDR 1:30 Cards & Games - AR 3:00 In room visits - 2nd floor 4:00 Easy Listening - MDR</p> | <p>28 <u>Stressed is Desserts spelled backwards</u> 9:00 Devotions - Chapel 9:15 Namaste 9:30 Movin with Music - AR 9:30 Baking & Conversation - FAR 11:00 Bible Study - AR 12:00 Lunchtme chats - MDR 2:30 Fitness Focus - Therapy 3:00 Dave Pasco - GL 4:30 Easy Listening - MDR</p>  | <p>Quality of Life Staff Brenda Zahn Kathi Wirt Pat Tallman Danalee Sweet Sue Stefan Kathy Staaf Jennifer Fry Katie Miller Michelle Knick Judy DeHoff</p>  |  | <p>Activity Location Key: AR - Activity Room 1st floor CR - Craft Room 1st floor GL - Grand Lobby 1st floor JJ - Java Junction 1st floor PDR - Private Dining Room 1st floor MR - Movie Room 1st floor LDR - Lawrence Dining Room 2nd floor Fulton - 2nd floor south Lawrence - 2nd floor central Milan - 2nd floor north SL - Assisted Living Lounge Lakeside</p> | <p>Activity Location Key: ML - Milan Family Lounge SR - Sensory Room - second floor Fulton FAR - Fulton Activity Room - 2nd floor lakeside RR - Recreation Room ground floor Courtyard - ground floor outside</p>  <p>*Namaste - "Honoring the Spirit Within"</p> | |